



**1** Pink eye



**2** Pussy eye

# CONJUNCTIVITIS

## MODE OF TRANSMISSION

Airborne infection: coughing, sneezing at another person.  
Smear infection through hand-eye contact, especially with itchy conjunctivitis.

## PREVENTION

The most important hygiene measure: **hand hygiene! Very important for all persons in the communal facility!**  
Thorough hand washing with soap from a dispenser and drying the hands with disposable towels is required after each contact with the eyes.  
Sick persons may not attend the communal facility due to the high risk of infection.

## INCUBATION PERIOD

The time from infection to outbreak of the disease is between 2 and 10 days.

## CLINICAL SYMPTOMS

Conjunctivitis most often starts in one eye. Symptoms: increased blood circulation and thus reddening of the conjunctiva **1**, swelling of the conjunctiva, increased lacrimation (tearing), itching, a sensation of a foreign body in the eye, burning and partially severe pain. Pus **2** may also develop in the eye.  
Conjunctivitis may last up to 4 weeks and trigger further eye complications, which in most cases heal up without consequences.

## READMITTANCE

**Cases of conjunctivitis must be reported to the health authorities to discuss the required measures.**  
**The treating ophthalmologist will decide whether the child can attend nursery.**

**FOR FURTHER INFORMATION  
SEE THE NHS WEBSITE**

